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Financial Indicators and Corporate Financial Distress Prediction in Context of Pakistan: A Systematic Review

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ARTICLE DETAILS	ABSTRACT
<p>History:</p> <p>Received: December 21, 2023 Accepted: December 31, 2023</p>	<p>It is feasible to predict the financial distress that a Pakistani company may experience under the current conditions. This study draws attention to key factors influencing financial forecasting and mitigation by integrating the results of several research studies conducted over the last two decades. The literature places a great deal of emphasis on financial variables such as profitability, solvency, and liquidity as indicators. Other factors that may affect prediction models is an increase in inflation, interest rates, or the gross domestic product. Corporate governance, industry dynamics, market indicators, and legal and regulatory frameworks are among the many factors that impact financial distress prediction. As far as methodologies adopted in existing research are concerned, the machine learning methods are replacing statistical methods and are providing best prediction results. Moreover, this study provides a road map for the future research directions to be employed for financial prediction related studies.</p> <p>© 2023 The Authors, Published by WUM. This is an Open Access Article under the Creative Common Attribution Non-Commercial 4.0</p>
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1. Introduction

A company is considered to be in the state of financial distress when it is facing significant difficulties in meeting its financial obligations and is on the approach of declaring bankruptcy. The company's financial health has taken a plunge, and it is now in a position where it is highly unstable, unable to pay its payments, and displaying symptoms of declining profitability. This condition has been brought about by the company's current instability (Zahra et al., 2018). According to Khawaja (2023), it is essential for those working in the sectors of economics and corporate management to get an awareness of financial distress since it may be an indication of future financial disasters. A significant amount of reliance is placed on reliable financial distress prediction systems by businesses and the economy as a whole. If businesses are able to recognize the problem at an early enough stage, they may be able to take preventative measures to mitigate the adverse effects and perhaps recover from the financial distress they have experienced. Strategic restructuring, cost-cutting, and refinancing strategies are all included in these techniques (Zeb and Rashid, 2018). Predicting financial distress in several companies at the same time serves to stabilize the economy as a whole by protecting investors, warding off systemic dangers, and enabling regulators to intervene rapidly when it is necessary to do so. Therefore, it is of the utmost importance to have a comprehensive understanding of the elements that impact the prediction of financial hardship, as this has implications for the long-term profitability of the firm as well as the stability of the economy (Farooq et al., 2012).

Forecasting the likelihood of experiencing financial distress is essential to the whole economic environment in addition to the short-term operational and financial effects that may be experienced by particular businesses (Taj et al., 2017). It gives regulators, financial institutions, and politicians the ability to prepare ahead, which helps to safeguard the economy as a whole from the repercussions of

firm bankruptcies that cascade through the organization. In the event that a company is experiencing financial problems, it may have consequences that extend beyond the confines of its region (Gillani et al., 2018). This includes workers, suppliers, and any other stakeholders who may be involved (Taj et al., 2017). The creation and implementation of policies that have the potential to mitigate the consequences of these more widespread economic repercussions may be accomplished with the assistance of timely projections (Wahyudi et al., 2021).

Additionally, in times of economic uncertainty or volatility, such as recessions or crises, it is even more important to make accurate predictions on the severity of financial distress (Gillani, 2020). As a result of the heightened susceptibility of enterprises operating in such circumstances to encountering financial issues, it is of the utmost importance to identify signals of danger as soon as possible (Waqas and Md-Rus, 2018). Taking preemptive measures to resolve financial challenges not only helps individual firms' weather economic storms, but it also improves the economic system as a whole (Thompson, 2023).

For the purpose of efficiently managing risk, it is necessary for investors and market players to be able to accurately predict when a financial crisis will arise (Hassan et al., 2023). With the assistance of early warning indicators, investors have the ability to reduce losses by changing their portfolios and making decisions based on accurate information (Khurshid, 2013). Financial institutions may utilize this data to identify the amount to which they are exposed to struggling enterprises and to adjust their lending and investment strategies accordingly (Thompson, 2023). This would be done in order to further limit the chance of systemic financial crises occurring. As a result of the fact that predicting and understanding financial distress is essential for the long-term health of businesses and the economy as a whole, this phenomenon is more than simply an academic one (Hassan et. Al, 2023). It places an emphasis on the relevance of proactive decision-making, robust regulatory frameworks, and effective risk management approaches on both the global and the local levels. For this reason, it is of the utmost importance to do research into the elements that impact the capacity to anticipate financial hardship. This will allow for the development of policies and instruments that may potentially make economies and businesses more resistant to the effects of financial shocks (Idrees & Qayyum, 2018).

This paper is organized in various sections. Section two discusses the critical literature review with the evidence of the previous studies with theoretical background. Section three discusses the material and method used in the study. Section four is related to findings. Section five is related to discussion on the findings with justifying the literature with past. Section six includes conclusion and direction for future research in the field with limitation of the study.

2. Review of Literature

The prediction of financial distress in Pakistan is a significant subject of research, as shown by the fact that a number of studies have been conducted with the purpose of determining the elements that lead to such hardship in Pakistan (Younas et al., 2021). Younas et al. (2021) conducted an inquiry that contributed to the existing body of research on corporate governance. The study focused on listed companies in Pakistan as its primary subject. In addition, Ud-Din et al. (2020) conducted research to determine whether or not there is a connection between certain board structure attributes and the likelihood of experiencing challenging financial circumstances in emerging countries such as Pakistan (UD-DIN et al., 2020; Khawaja, 2023). shown the application of Altman's Z-Score model to the prediction of financial collapse in Pakistani commercial banks (Khawaja, 2023), hence bringing attention to the effectiveness of the model within the context of the environment of the nation. The researchers aimed to understand the reasons of financial hardship in Pakistan by identifying the characteristics that might be used to anticipate the possibility of such difficulties in the construction sector of state-owned businesses (Wahyudi et al., 2021; Farooq et al., 2012). This was done in order to get a better understanding of the challenges that Pakistan is facing in terms of its economy. Both Farooq et al. (2012) and Rasool et al. (2020) provided new data from developing countries such as Pakistan. This provides regulatory agencies and lawmakers with important information that assists them in developing long-term strategies to manage the costs that are connected with adverse financial circumstances. Rasool et al., 2020 conducted an empirical analysis of Pakistan's textile sector in order to determine the factors that contribute to the country's economic crisis and to forecast the times at which firms would fail.

Financial distress occurs when a company faces challenges in meeting its financial obligations, and

several determinants contribute to this precarious situation. Liquidity issues, characterized by a shortage of short-term assets to cover immediate liabilities, often serve as an initial warning sign. High levels of debt, particularly when accompanied by an inability to service interest payments, increase financial vulnerability (Khan et al., 2020). Poor profitability and declining cash flows can exacerbate financial distress, as they limit a company's ability to generate funds for debt repayment. Economic downturns, industry-specific challenges, and adverse market conditions can also play pivotal roles, impacting a company's overall financial health (Rahmawati et al., 2020). Additionally, inadequate management practices, inefficient operations, and strategic missteps may contribute to financial distress by undermining a firm's competitiveness and sustainability. Monitoring these determinants is crucial for stakeholders, as early identification allows for proactive measures to mitigate financial distress and enhance a company's chances of recovery (Khurshid, 2013). Here, we are going to discuss the financial ratios as the measure of financial distress.

According to the findings of the study, the most significant indications of future financial distress for Pakistani enterprises are measures of their financial ratios. The profitability ratio, the solvency ratio (such as the debt-to-equity ratio), and the liquidity ratio (such as the quick ratio and the current ratio) are often highlighted as important performance measures according to research. With the assistance of these ratios, which are often used as early warning indications, it is possible to get a greater understanding of the financial health and flexibility of a firm (Rahmawati et al., 2020). The ability to forecast the occurrence of financial distress in Pakistani companies has been the focus of a significant amount of study, and the factors that put these businesses at risk have been thoroughly explored (Taj et al., 2017). The relevance of financial metrics such as liquidity, solvency, and profitability in determining whether or not a company is experiencing a financial crisis has led to a significant amount of study being conducted on these topics. It is important to look for these ratios as valuable indications in order to establish whether or not a company is able to pay its expenses and continue operating (Taj et al., 2017).

Additionally, macroeconomic factors have emerged as significant elements in Pakistan's environment in recent years. There are a number of economic variables that have been investigated for their impact on the likelihood of experiencing financial distress. Some of these aspects include inflation, interest rates, and GDP growth. It is clear from this example that the greater economic environment has an impact on the bottom lines of particular businesses (Hassan et al., 2023).

Because of the research that has been done on the role that good governance plays in alleviating financial hardship, corporate governance practices have become an important issue in the body of academic literature. Strong governance structures, ethical business practices, and transparent reporting are all factors that increase the likelihood that a company will be able to weather a storm in the financial sector (Khurshid et al., 2018).

From a methodological point of view, there have been a number of applications of predictive models that integrate market indicators, financial data, and other information that is relevant. Using a range of methods, such as machine learning algorithms and statistical models, several studies have been conducted in order to increase the accuracy of predictions about the likelihood of experiencing challenging financial circumstances.

Despite the massive amount of research that has been done, there are still certain holes in the existing body of literature. Due to the fact that they have gotten relatively little attention up to this point, more study on the cultural and institutional nuances of the business environment in Pakistan might potentially produce beneficial insights. Through longitudinal studies that track the progression of financial hardship in Pakistan over the course of time, it may be possible to acquire a more dynamic knowledge of the phenomenon.

In conclusion, the research that has been conducted on the characteristics that predict financial hardship in Pakistan has shown a landscape that is both complicated and constantly shifting. The purpose of this review is to provide the framework for future research efforts and to underline the necessity for continued study in this crucial topic. This is accomplished by a complete examination of the findings, identification of methodological methodologies, and identification of present gaps.

3. Methods

3.1. Inclusion Criteria

Studies that have been published in credible academic publications, conference proceedings, and

journals that are evaluated by peers are included in the systematic review. From the early 2000s up to the present day, the time span that is being addressed ensures that a current and relevant review of the literature on financial distress prediction in Pakistan is being provided. The emphasis is specifically on studies that were carried out within the setting of Pakistan, with the intention of ensuring that the conclusions are directly relevant to the one-of-a-kind economic and commercial climate encountered in the nation.

3.2. Search Strategy

Among the significant academic databases that were examined utilizing a comprehensive search method were PubMed, JSTOR, ScienceDirect, and Google Scholar. All of these databases were used by this way. Among the most used keywords were "financial distress prediction," "financial ratios," "macroeconomic factors," "corporate governance," "industry-specific factors," "market-based indicators," "legal and regulatory environment," and governmental "Pakistan." In order to find more relevant papers, the searches were refined using Boolean operators (AND, OR) and citation monitoring. The search was conducted in English to ensure a more diverse set of publications.

3.3. Limitations and Challenges

Even though it was a comprehensive search, the literature review did encounter some obstacles. Important research could have been omitted due to the inaccessibility of some private databases. Another possible explanation for the unintentional omission of articles published in languages other than English is that there were language barriers. However, in an effort to lessen bias, we consulted subject-matter experts and consulted English-language sources.

4. Results and Discussion

A full view of factors that influence the capacity to anticipate and alleviate financial issues is revealed by the process of conducting a systematic literature study on the drivers of financial distress prediction in Pakistan. A more comprehensive picture of the Pakistani business climate is provided by the synthesis of previous research, which offers insights into important factors across a variety of variables.

4.1. Financial Ratios

A recurrent idea that can be seen across the body of research is the crucial significance of financial ratios in determining whether or not Pakistani businesses would experience financial distress. Liquidity ratios, such as the current and quick ratios, solvency ratios, such as the debt-to-equity ratio, and profitability ratios are often identified as key indicators in research studies. The topic of discussion is on the role that these ratios play as early warning signals, which provide insights into the financial health and resiliency of a corporation.

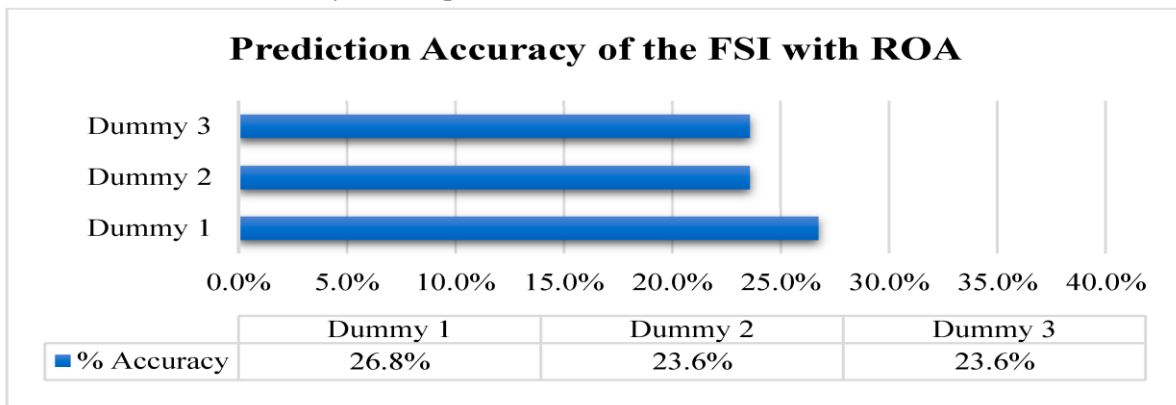


Figure 1: Prediction Accuracy

4.2. Macroeconomic Factors

According to the study's findings, macroeconomic variables significantly impact Pakistan's capacity to predict financial distress. It is generally agreed upon that key factors include interest and inflation rates, as well as GDP growth. This discussion brings to light the interconnected nature of broader economic developments and company financial health. This further proves that these macroeconomic elements must be included in prediction models for them to be more accurate.

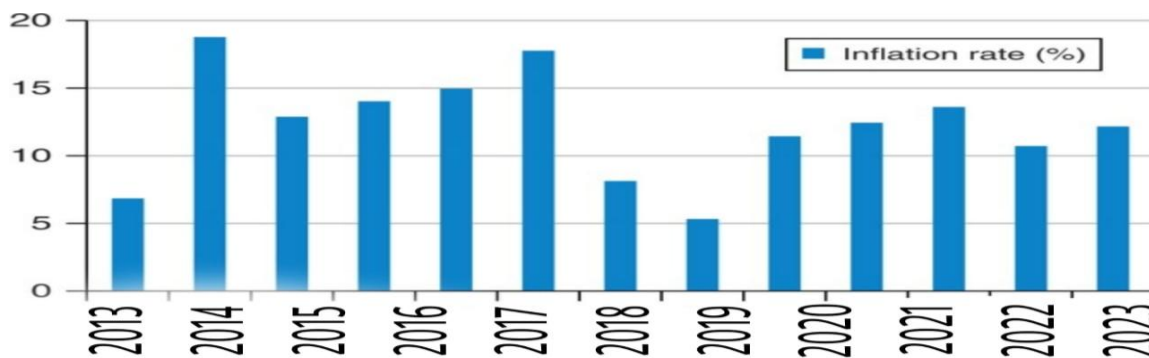


Figure 2: Inflation rate in Pakistan

4.3. Corporate Governance

One key factor in reducing the likelihood of financial crises is good corporate governance. Ethical practices, open reporting, and the efficacy of governance frameworks are perennial hot topics. The importance of audit committees, boards of directors, and other governance systems in strengthening Pakistani enterprises' financial resilience has been highlighted by researchers (Luqman et al., 2018).

4.4. Industry-Specific Factors

Findings from the literature study highlight the importance of sector-specific factors in Pakistan's financial distress prediction models. Different industries are more or less vulnerable to financial crises, thus academics are looking at the precise elements that cause anxiety in each. The significance of customizing forecasting models to include industry-specific phenomena is emphasized throughout the talk.

4.5. Market-Based Indicators

A key component of financial distress prediction is the use of market-based indicators, such as credit ratings and stock market performance.



Figure 3: Performance Parameters

A key component of financial distress prediction is the use of market-based indicators, such as credit ratings and stock market performance. According to the research, these metrics round out financial ratios and reveal more about the state of a business. Scientific studies have shown that market-based signals might help anticipate financial crises in their early stages.

4.6. Legal and Regulatory Environment

It is difficult to foretell a financial catastrophe in Pakistan without first understanding the regulatory and legal framework of the nation. Talking about how to follow all the rules and regulations is a crucial aspect of risk assessment. Many people often wonder how new regulations would affect the safety of organizations' finances.

4.7. Methodological Approaches

The literature reviews a variety of models and strategies for financial distress prediction in Pakistani enterprises, illustrating how these approaches have evolved over time. Topics covered include statistical models, methods for machine learning, and hybrid techniques. In order to improve prediction accuracy, researchers have been highlighting the continuous search for models that strike a

compromise between complexity and interpretability.

4.8. Identified Gaps

The noted shortcomings in the study include a lack of investigation into the cultural and institutional subtleties unique to the corporate climate in Pakistan, despite the abundance of literature on the subject. This debate highlights the need of filling these gaps via future research so that we may better understand the contextual elements that contribute to financial hardship in Pakistan.

5. Discussion

Examining the variables that foretell economic hardship in Pakistan, this subject delves into the nuanced interpretation of relevant facts. Important indicators like as liquidity, solvency, and profitability are illuminated by financial ratios, which are the mainstay of this study. In the case of Pakistani businesses in particular, a low quick ratio might signal impending financial difficulties. Inflation, interest rates, and GDP growth are macroeconomic factors that have a significant influence on financial instability. This fact further highlights their significance. Given the intricate interplay between these macroeconomic variables and the monetary health of companies, a comprehensive prediction model that accounts for the broader economic climate is required.

Ethical company practices, transparent reporting, and well-designed processes to avert financial crises are all examples of excellent corporate governance principles that are helping Pakistani companies become more financially robust. It is possible that industry-specific characteristics could provide light on the various sectors' susceptibilities to financial crises. The finding of such industry-specific dynamics emphasizes the need of tailoring prediction models to include sector-specific nuances.

Stock market performance, credit ratings, and other market-based indicators may add further dimensions to the forecast of financial hardship. If used in conjunction with financial ratios, these measures provide a whole picture of a company's health and allow for the early detection of problem areas. Risk assessment and financial stability are affected by compliance, regulatory frameworks, and legal concerns, demonstrating the enormous importance of the regulatory and legal environment.

The diverse range of prediction models included in the debate mirrors the methodological diversity of the articles that were examined. These models vary from more traditional statistical models to more advanced machine learning algorithms. As the methodological diversity shows, there is a steady evolution in approaches to anticipating financial crises in Pakistani firms.

All things considered, our findings show that a multi-factor model is necessary to accurately forecast financial hardship in Pakistan, one that takes into consideration the interplay between factors as well as the unique contextual significance of each. Given the acknowledged limitations of the research, including potential biases and restrictions, careful interpretation is necessary. When gaps in the literature are identified, suggestions for further research are made. Cultural and institutional nuances, as well as the incorporation of technology into prediction methods, should be the focus of future studies. This discussion chapter does more than only summarize the findings; it also prepares the way for more research into the prediction of financial crisis in the specific economic context of Pakistan.

6. Conclusion

Finally, this comprehensive literature study sheds light on the complex terrain of financial distress prediction in Pakistan. Financial ratios, corporate governance, industry characteristics, market-based indicators, macroeconomic variables, regulatory frameworks, and the legal and regulatory environment are key components of predictive models, according to the available research synthesis. Not only does the review highlight the importance of these factors, but it also shows where the literature is lacking, which opens up possibilities for other studies along similar lines. In order to better understand cultural and institutional subtleties, conduct longitudinal studies to capture temporal dynamics, and investigate how evolving technology affect predictive approaches, future research should focus on these areas. To help practitioners, legislators, and academics in Pakistan improve financial risk management methods and encourage sustainable business practices, this paper offers helpful insights as enterprises navigate a complex economic climate.

7. Recommendations for Future Research

Longitudinal studies that follow patterns of financial crisis over lengthy time periods should be prioritized for future study. Taking this approach would provide a more nuanced picture of how resilient corporations are to economic shocks. Further research on the cultural and institutional elements that contribute to financial hardship in Pakistan is also suggested in the debate. To make the study more useful, the researchers must look at how new technology could affect methods for

predicting financial distress. Future research may be conducted empirically by taking the data of the each organization and analyzing through different methodology.

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